

Full Professor and Head Division of Training and Movement Sciences

University of Potsdam

Faculty of Human Sciences

Am Neuen Palais 10 (Building 12)

14469 Potsdam

Germany



Complete publication record (sorted by reviews, original work, book chapters, and books)

Reviews 2022

Krohm, L., Krüger, T., Markov, A., Helm, N. & **Granacher, U.** (2022). Analyse des konditionellen Anforderungsprofils im Olympischen Cross-Country Mountainbike. *Leistungssport*, 52(1), 37-42.

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Brahms, C.M., Hortobágyi, T., Kressig, R.W. & **Granacher, U.** (2021). The interaction between mobility status and exercise specificity in older adults. *Exercise and Sport Sciences Reviews*, 49(1), 15-22.

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Moran, J., Ramirez-Campillo, R., Liew, B., Chaabene, H., Behm, D.G., García-Hermoso, A., Izquierdo, M. & **Granacher, U.** (2021). Effects of vertically- and horizontally-orientated plyometric training on physical performance: A meta-analytical comparison. *Sports Medicine*, 51(1), 65-79.

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- Moran, J., Liew, B., Ramirez-Campillo, R., **Granacher, U.**, Negra, Y. & Chaabene, H., (2021). The effects of plyometric jump training on lower limb stiffness in healthy individuals: a meta-analytical comparison. *Journal of Sport and Health Science*, (Epub).
- Behm, D.G., Alizadeh, S., Anvar, S.H., Hanlon, C., Ramsay, E., Mahmoud, M.M.I., Whitten, J., Fisher, J.P., Prieske, O., Chaabene, H., **Granacher, U.** & Steele, J. (2021). Non-local muscle fatigue effects on muscle strength, power, and endurance in healthy individuals: A systematic review with meta-analysis. *Sports Medicine*, 51(9), 1893-1907.
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Chaabene, H., Lesinski, M. & **Granacher, U.** (2020). Performance- and health-related benefits of youth resistance training. *Sports Orthopaedics and Traumatology*, 36(3), 231-240.

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Ramirez-Campillo, R., Álvarez, C., García-Hermoso, A., Ramírez-Vélez, R., Gentil, P., Asadi, A., Chaabene, H., Moran, J., Meylan, C., García de Alcaraz, A., Sanchez-Sanchez, J., Nakamura, F., **Granacher, U.**, Kraemer, W. & Izquierdo, M. (2018). Methodological characteristics and future directions for plyometric jump training research: a scoping review. *Sports Medicine*, 48(5), 1059-1081.

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