Integrated Design and Planning Strategy for Flood Resilient Housing in Nepal



Rupesh Shrestha a,b, Philip Frankenberg a, Robert Jüpner a

^a Technische Universität Kaiserslautern, Institute of Water Management and Hydraulic Engineering, Germany ^b Stipendiat der Alexander von Humboldt (AvH)- Stiftung, ICPF



Introduction

- Climate change and urbanization
- Urban vulnerability
- Rapid rise in temperature erratic rainfalls
- Destruction of settlement and houses
- Stronger, safer and sustainable communities against floods
- Innovation & techno-social solutions for "fighting the water" to "living with the water"



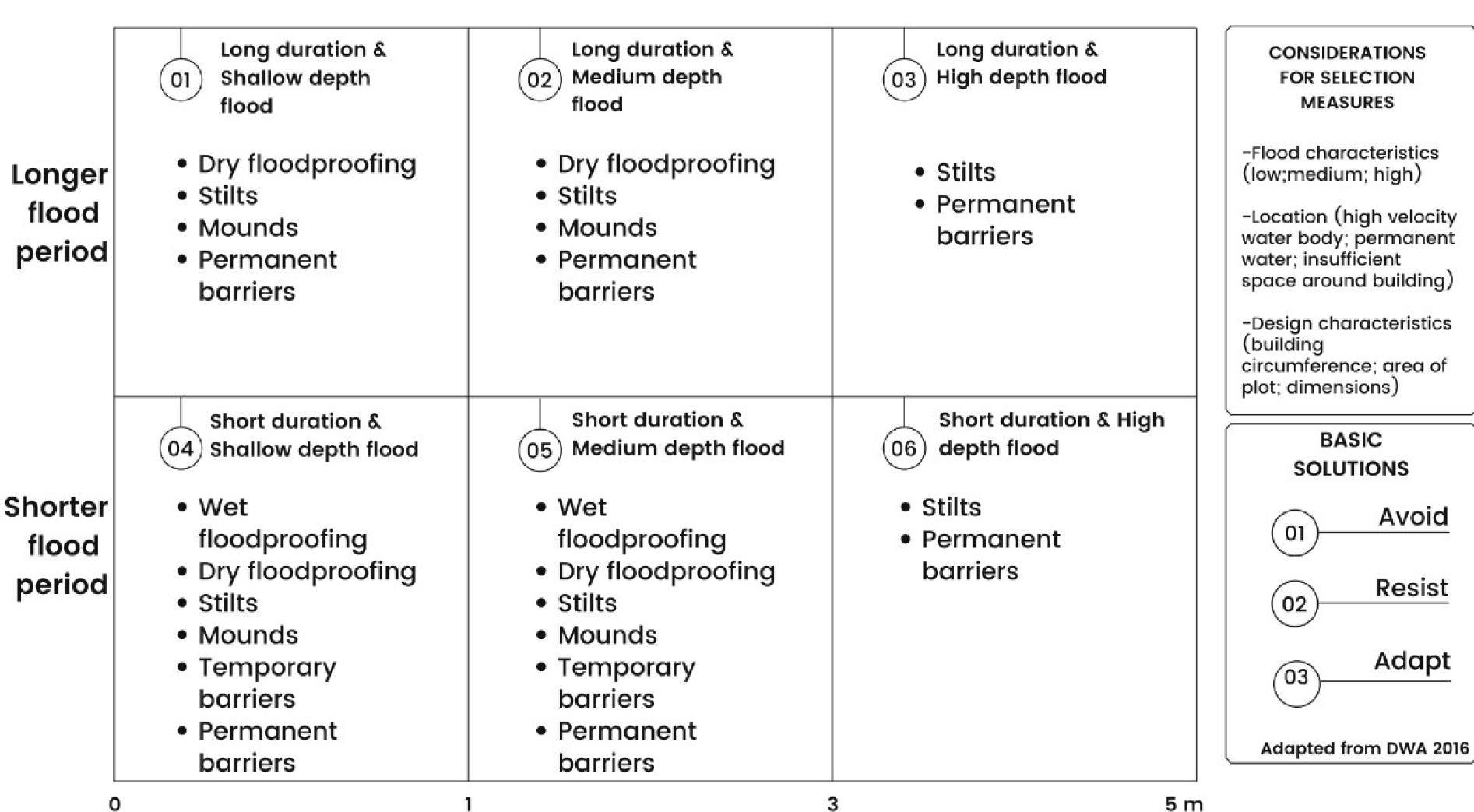
Inundated ground floors of houses in Kathmandu & security personnel rescuing people. July 2019, The Himalayan times

Research Questions

- 1. What are the **structural measures** of protection for housing at flood-prone areas?
- 2. What are hybrid interventions of grey, green and blue infrastructure to protect cities from floods?

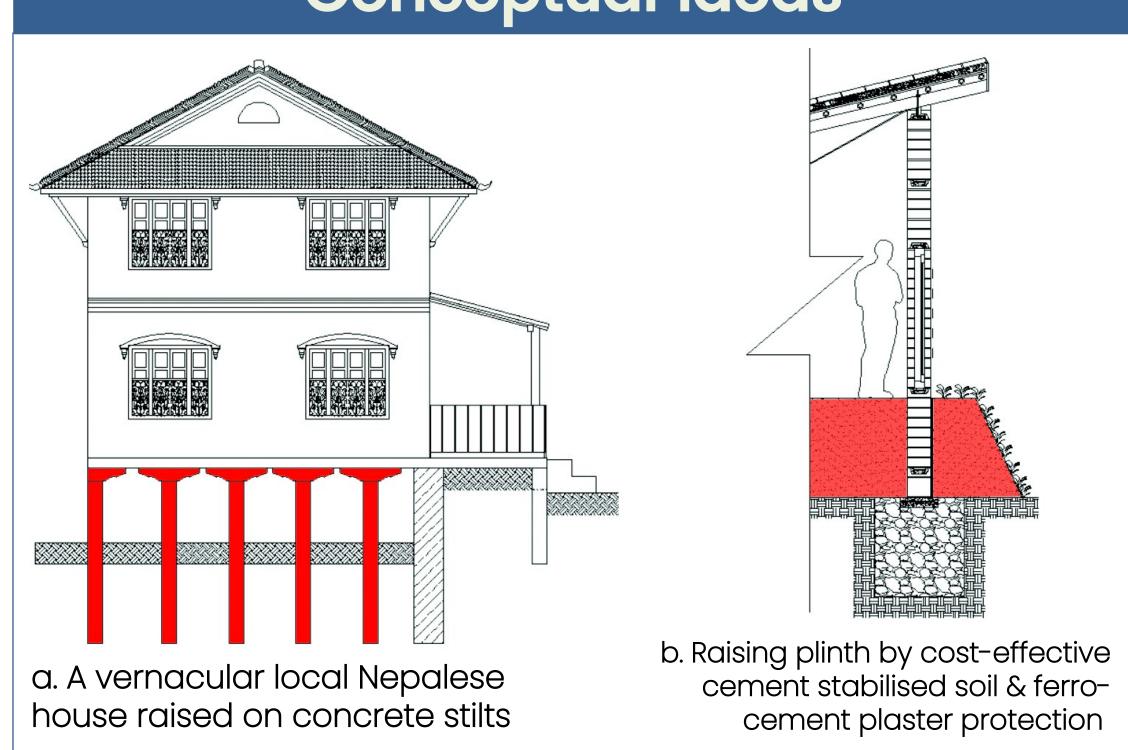
Findings

Flood proofing concepts as per flood level and flood duration for building protection



Expected flood depth
Adapted from FloodProBE project 2012

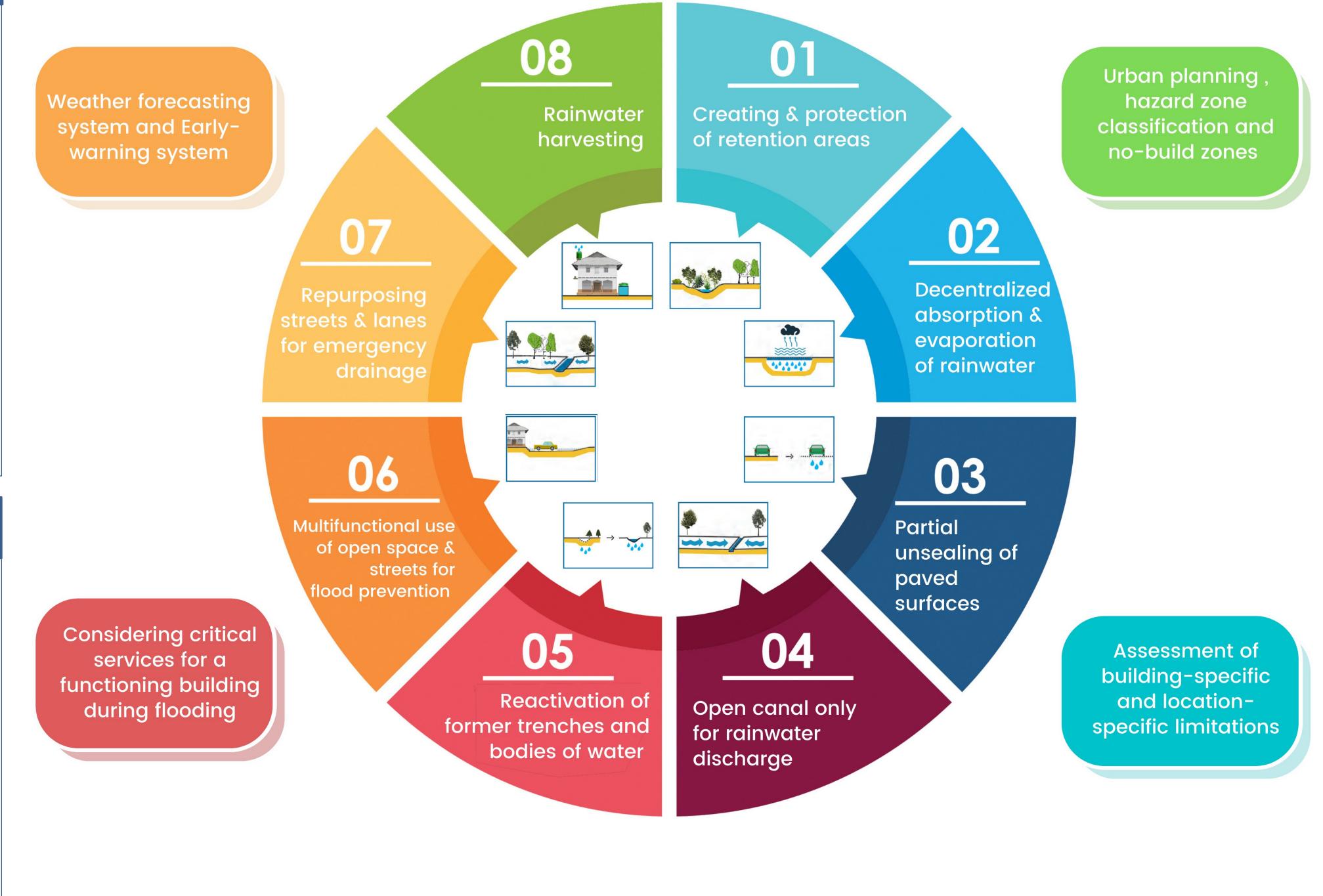
Conceptual Ideas



Recommendations

- A **menu of solutions** is necessary diverse topography, nature of flooding no one-size fits all solution
- Interdisciplinary working breaking the silos
- Development of a design selection and evaluation tool
- Policy level (National, Federal & Local level)
 - Flood risk assessment
 - Flood risk and flood hazard maps
 - Flood risk management plans
- Integration of urban drainage planning with urban planning, open space and private-property level interventions and linking it to water sensitive urban design and flood prevention.

Integrated urban planning for water sensitive cities & flood prevention



Contact

Rupesh Shrestha | B.Arch, M.Sc., PMP Research fellow Technische Universität Kaiserslautern Email: - shrestha@rhrk.uni-kl.de; rupeshshrestha2005@gmail.com

References

- 1. Deutsche Vereinigung für Wasserwirtschaft, Abwasser und Abfall e. V. (DWA). Hochwasserangepasstes Planen und Bauen. 11/2016 ed. Merkblatt DWA-M 553 DWA-Regelwerk. 2016.
- 2. Freie Hansestadt Bremen. Merkblatt Für Eine Wassersensible Stadt- Und Freiraumgestaltung, 2015.
- 3. Vermeer, Dura. "Technologies for Flood-Proofing 'Hotspot' Buildings." 2.1. Netherlands: Deltares, 2012.