



## INFORMATION ON APPLICATIONS FOR COACHING

for members of the Potsdam Graduate School • **Postdocs** (Status: August 2022)

The Potsdam Graduate School (PoGS) supports up to 4.5 hours of coaching for temporary employed postdocs, junior professors or newly appointed professors of the University of Potsdam. Coaching helps you reflect on your career plans as well as make important decisions regarding further career steps or reorientation. Coaching sessions can be both process-oriented and targeted to meet specific goals.

### APPLICATION DEADLINE

There is no application deadline. You can submit your application for coaching at any time. The PoGS will answer requests as soon as possible in the order they are received.

### CONDITIONS FOR SUBSIDY

- 1) Membership in the Potsdam Graduate School.
- 2) Co-payment of 37,50 € per coaching hour.
- 3) Feedback on coaching: You will receive a link to our online evaluation. Please support us by participating in the evaluation.
- 4) **Please note:** The coaching must start within 6 months from the date of application approval. After the deadline, a new application for coaching is necessary. A refund of co-payment is only possible if we receive a written notification that the coaching cannot be taken up within these 6 months.

### SUBSIDY RATES

Coaching is funded for a maximum of 4.5 hours.

### DOCUMENTS REQUIRED TO RECEIVE THE SUBSIDY

There are no additional documents required. As soon as the application has been considered, you will receive a notification and contact details of your preferred coach. All further procedures have to be discussed with your coach directly.

You can find all necessary forms and a list of our coaches here:

<https://www.uni-potsdam.de/en/pogs/funding/coaching>

If you have any questions, please don't hesitate to contact us: [pogs@uni-potsdam.de](mailto:pogs@uni-potsdam.de).