



Schedule
Summer school: Nutrition in Elderly
 July 4th - 8th, 2016 at the Khon Kaen University, Thailand



Monday, 4 July 2016 "Overview situation in elderly"		
Time	Topics	Guest Speakers
09.00 – 09.30	Opening and welcoming all participants	Asst. Prof. Somsak Pitaksanurat, Dean of Faculty of Public Health, KKU
09.30 – 10.00	Opening and welcoming all participants	Prof. Dr. Florian J. Schweigert, Vice President of International Affairs, Alumni and Fundraising, UP
10.00 – 10.45	Aging - some demographic, social and physiological aspects	Prof. Frank Peter Schelp, KKU
10.45 – 11.00	<i>Coffee break</i>	
11.00 – 12.00	Situation of the elderly in developed countries: Germany	Dr. Ina M. Henkel, UP
12.00 – 01.00	<i>Lunch</i>	
01.00 – 01.45	Situation of the elderly in developing countries: Thailand	Asst. Prof. Pattara Sanchaisuriya, KKU
01.45 – 02.30	Situation of the elderly in developing countries: Vietnam	Representatives from Vietnam, TNUMP
02.30 – 02.45	<i>Coffee break</i>	
02.45 – 03.30	Situation of the elderly in developing countries: Lao PDR	Representatives from Lao PDR, UHS
03.30 – 04.30	Practices or Activities	Group discussion and activity
06.30 – 08.00	Welcome dinner	

Tuesday, 5 July 2016 "Nutrition status and assessment in elderly"		
Time	Topics	Guest Speakers
09.00 – 10.30	Nutrition assessment in elderly: Biomarkers and Biochemical Assessment	Prof. Dr. Florian J. Schweigert, UP
10.30 – 10.45	<i>Coffee break</i>	
10.45 – 12.00	Nutrition assessment in elderly: Anthropometric Assessment	M. Sc. Katrin Kühn, UP
12.00 – 01.00	<i>Lunch</i>	
01.00 – 02.00	Nutrition and oral health in elderly	Assoc Prof. Dr. Waranuch Pitiphat
02.00 – 03.00	How to arrange daily life in elderly (Activity)	Group discussion and activity
03.00 – 03.15	<i>Coffee break</i>	
03.15 – 04.30	How to arrange daily life in elderly (Activity)	Group discussion and activity

Wednesday, 6 July 2016 "Health status in elderly"		
Time	Topics	Guest Speakers
09.00 – 10.30	Micronutrient deficiency in elderly : Osteoporosis	Assoc. Prof. Dr. Supasin
10.30 – 10.45	<i>Coffee break</i>	
10.45 – 12.00	Physical exercise in elderly	Asst. Prof. Dr. Chulee Jones
12.00 – 01.00	<i>Lunch</i>	
01.00 – 02.00	Dementia in elderly	Assoc. Prof. Dr. Panita Limpawattana
02.00 – 02.15	<i>Coffee break</i>	
02.15 – 04.00	Activity or Practices	Group discussion and activity
06.30 – 08.00	Karaoke with dinner at restaurant	

Thursday, 7 July 2016 "Study activities"		
Time	Topics	Guest Speakers
09.00 – 12.00	Visiting the elderly club in rural district, Khon Kaen province	TBD
12.00 – 01.00	<i>Lunch</i>	
01.00 – 04.30	Groups discussion and Preparing for presentation	TBD

Friday, 8 July 2016 "Strategies and policy for elderly"		
Time	Topics	Guest Speakers
09.00 – 10.30	Strategies and policies for elderly	Dr. Grit Leethongin
10.30 – 10.45	<i>Coffee break</i>	
10.45 – 12.00	Strategies and policies for elderly	Dr. Grit Leethongin
12.00 – 01.00	<i>Lunch</i>	
01.00 – 02.30	Present strategies and policies for elderly	All participants
02.30 – 02.45	<i>Coffee break</i>	
02.45 – 04.00	Evaluation and Closing remarks	All participants