

## ORGANIZATION

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Faculty of Public Health  
University of Khon Kaen

**Prof. Dr. F. J. Schweigert**  
Institute of Nutritional Science  
University of Potsdam

## APPLICATION

All alumni of a German University involved in nutritional topics are invited to apply for participation in the Summer School "Nutrition and Emerging NCDs".

The application should include:

- letter of motivation
- curriculum vitae

**Application Deadline: 06 October 2013**

## FUNDED BY

German Academic Exchange Service and the Federal Ministry of Economic Cooperation and Development.

**DAAD**



## CONTACT DETAILS

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Partnerschaften für den Gesundheitssektor  
in Entwicklungsländern  
**DAAD**



## Nutrition in Transition

*Summer School*  
**Nutrition and Emerging  
NCDs**

27 October-  
02 November 2013

Khon Kaen, Thailand

## BACKGROUND

Malnutrition is one of the most important constraints to achieve the Millennium Developmental Goals (MDG) since good health, cognitive development, and productivity cannot be attained without a balanced nutrition.

Good nutrition makes an essential contribution to the fight of poverty – it promotes and protects health, reduces mortality especially among children and mothers, and enables children to benefit from school.

An increasing number of developing countries must shoulder a “double burden” of malnutrition. The double burden of malnutrition describes the persistence of undernutrition, especially among children, along with a rapid rise of overnutrition and diseases such as diabetes, hypertension, and coronary heart disease in developing countries.

Given current economic and social trends, observed changes in dietary patterns are likely to continue and – combined with changes in lifestyle, particularly the decrease in physical activity – will exacerbate emerging problems of overnutrition and diet-related chronic diseases in developing countries.

## TOPICS

The challenge for professionals involved in nutritional research and program development is to face this double burden of malnutrition. To this end, the University of Khon Kaen and the University of Potsdam will organize a Summer School “Nutrition and Emerging NCDs”, which will focus on:

- **NUTRIENT DEFICIENCIES**
- **NUTRITION IN TRANSITION**
- **NON-COMMUNICABLE DISEASES**

The interdisciplinary event aims not only to advocate evidence based approaches, but also to reveal the consequences of ignoring the crisis and to integrate all sectors of society.

The participants will be offered incentive talks given by numerous experts followed by interactive workshops, which will be focused on setting the scene, filling the knowledge gap and finally approaching the problem of hunger and diet-related chronic diseases in developing countries.

## PARTICIPANTS

The Summer School “Nutrition and Emerging NCDs” targets German University alumni from developing countries who are professionally involved in nutrition and interested in exchanging ideas, problem concepts and country specific approaches in the framework of rural or urban, public or private sector development, and who are working for academic or educational institutions, development organizations, NGOs, donor agencies or private enterprises.

## PARTICIPATION FEE

Alumni of a German University are eligible for financial support for participation, travel and lodging.

