

## ORGANIZATION

### **Prof. Dr. Peter Nyarang'o**

University of Namibia  
Faculty of Health Sciences  
School of Medicine

### **Prof. Dr. Florian J. Schweigert**

University of Potsdam  
Institute of Nutritional Science

## IN CO-OPERATION WITH

Free University of Berlin  
Max-Rubner-Institute, Karlsruhe

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**DAAD**



Bundesministerium für  
wirtschaftliche Zusammenarbeit  
und Entwicklung

## APPLICATION

All alumni of a German University involved in  
nutritional topics are invited to apply for participation  
in the "Summer School of Nutrition and Analytics".

The application should include:

- letter of motivation
- curriculum vitae

**Application Deadline: 31 January 2014**

## CONTACT DETAILS

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## Summer School Nutritional and Pharmaceutical Sciences

*Innovative  
Approaches  
supporting MDGs*

17 - 23 February 2014  
Windhoek, Namibia

## BACKGROUND

Malnutrition is one of the most important constraints to achieve the Millennium Developmental Goals (MDG) since good health, cognitive development, and productivity cannot be attained without a balanced nutrition.

An increasing number of developing countries must shoulder a double burden of malnutrition which is described by the persistence of undernutrition along with a rapid rise of overnutrition and non-communicable diseases such as diabetes, hypertension, and coronary heart disease in developing countries. Given current economic and social trends, observed changes in dietary patterns are likely to continue and – combined with changes in lifestyle will exacerbate emerging problems of overnutrition and diet-related chronic diseases in developing countries.

Professionals involved in nutritional research and program development need to design and create locally adapted solutions. This includes indigenous knowledge in medical sciences and public healthcare services, in-depth background information of plant diversities, as well as analytical expertise.

## TOPICS

The challenge for professionals involved in nutritional research and program development is to face the double burden of malnutrition and to ensure equitable access to quality healthcare. To this end, the University of Namibia and the University of Potsdam will organize a “Summer School of Nutrition and Analytics” focusing on:

- **NUTRITION AND TRANSITION**
- **MICRONUTRIENTS IN NON-COMMUNICABLE DISEASES**
- **ANALYTICAL APPROACHES**
- **SECONDARY PLANT COMPONENTS IN NON-COMMUNICABLE DISEASES**

The interdisciplinary event aims not only at advocating evidence based approaches, but also at assessing and benefit sharing.

The participants will be offered incentive talks given by numerous experts approaching the problem of hunger and diet-related chronic diseases in developing countries. Additionally analytical challenges will be examined and complemented by practical exercises.

## PARTICIPANTS

The “Summer School of Nutrition and Analytics” targets German University alumni from developing countries who are professionally involved in nutrition and interested in gaining knowledge, exchanging country specific approaches as well as analytical and technical know-how in the framework of rural or urban, public or private sector development, and who are working for academic or educational institutions, development organizations, NGOs, donor agencies or private enterprises.

Participants should be potentially multipliers in a position to spread acquired knowledge and experience and/or take decisions on implementation.

## PARTICIPATION FEE

Alumni of a German University are eligible for financial support for participation, travel and lodging.

