

Tuğçe Aral

Ph.D. Student, Department of Inclusive Education, University of Potsdam

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RESEARCH INTERESTS

- Cultural diversity socialization: Classroom cultural diversity climate, Family ethnic-racial socialization
- Developmental processes of ethnic and cultural identity: exploration, commitment, inclusiveness
- Intergroup relations during childhood and adolescence
- Youth development interventions
- Open Science Framework

RESEARCH EXPERIENCE

Research associate, Inclusive Education, University of Potsdam Present

- Ph.D. student at the research group ‘Diversity in Education and Development’, Prof. Linda Juang
- Employed through a DFG (Deutsche Forschungsgemeinschaft) Funded Project *titled as “Short-term and long-term effects of a culture-specific self-affirmation intervention to promote school adjustment of adolescents of migrant backgrounds”*. Shared responsibility of data collection, material preparation, data entry and preparation and quantitative data analyses of the intervention effectiveness
- Support of current research projects of the research group such planning studies, recruiting study participants, conducting interviews in Turkish, German and English
- Teaching and supervision of Bachelor’s and Master’s theses of Education and Psychology students

Project Assistant, Koç University 03-05/2017

- The New Politics of Welfare: Towards an “Emerging Markets” Welfare State Regime
- ERC-Funded; led by Assistant Prof. Dr. Erdem Yörük
- Responsible to collect data from four welfare states (Turkey, Egypt, Qatar, Vietnam) to build up welfare database

PERGEL Intervention Program Assistant, Koç University 2016

- Worked as the project manager for the project: ‘Positive Youth Development in Early Adolescence, Understanding and Enhancing Early Adolescence’ developed by Prof. Çiğdem Kağıtçıbaşı, Asst. Prof. Nazlı Baydar, Asst. Prof. Zeynep Cemalcılar
- Translated the intervention booklets from Turkish to English
- Reviewed booklet chapters for their applicability to international contexts.
- Prepared pre-test and post-test surveys, conducted the study in a private and a public primary school to validate the intervention effectiveness
- Responsible from the data collection process and quantitative data analysis of the intervention effects

Social Mind Lab, Koç University 09/2016

- Research Assistant
- Contributed to the literature review process and research question generation phases for the projects going on in the lab.

- Leadership Lab, Koç University 11/2015- 06/2016
- Research Assistant
 - Contributed to the literature review process and data collection of the project "The Effects of Fear of Leadership on Resources in Leadership Tasks"
- Koç University Summer Research Program 06/2014- 07/2014
- Summer Research Assistant
 - Contributed to the literature review process of Prof. Dr. Çiğdem Kağıtçıbaşı's project 'Positive Youth Development in Early Adolescence, Understanding and Enhancing Early Adolescence'.
- Research Assistant, Bahçeşehir University / NYU 11/2013- 06/2014
- National study of culture and psychological counselling project (J. Mattis, Ph.D., New York University & F. Kurter, MA, Principal Investigators).
 - Provided verbatim transcriptions and translations of semi structured interviews with practitioners.
 - Conducted translations from Turkish to English of written responses to open-ended questions from the national survey
 - Reviewed and provided critiques of drafts of chapters for manuscripts to be included in book.

EDUCATION

- Potsdam University, Potsdam, Germany Expected ~ 2022/2023
- Ph.D., in Diversity on Education and Development, Inclusive Education
Supervisors: Prof. Dr. Linda Juang, Prof. Dr. Maja Schachner
PhD Thesis- working title: *The Role of Social Contexts in Adolescents' Intergroup Relations and Ethnic Identity Development*
- Koç University, Istanbul, Turkey 2019
- M.A. in Psychology
Tuition Waiver; GPA 3.82/4.00
M.A Thesis: *Effectiveness of a Positive Youth Development Intervention for Early Adolescents with High Socioeconomic Status in Private Schools*
- Bahçeşehir University, Istanbul, Turkey 2015
- Faculty of Arts & Sciences, Department of Psychology (Major)
Full OSYM Tuition Waiver; GPA:3.64/4.00
- University of Pecs, Hungary (Erasmus) 2014
- Summer semester / Faculty of Arts & Sciences, Department of Psychology
GPA: 4.00/4.00
- Syracuse University, USA (Exchange) 2013
- Fall semester / Faculty of Arts & Sciences, Department of Psychology, GPA: 3.00/4.00

SCHOLARSHIPS AND FUNDING

Scholarships

Internal – Koç University

Outstanding Academic Achievement Scholarship [100%] 2015

- Full academic scholarship in addition housing and travel scholarships for scientific meetings, conferences and trainings

Internal – Bahçeşehir University

Undergraduate Placement Exam Entrance Scholarship [100%] 2010-2015

- Given to students ranked in the 3000 among 1.5 million in the university entrance exam
- Monthly stipend given to students on the high honour roll with GPA of above 3.5 at Bahçeşehir University from 2012 to 2015

Funding

Internal – University of Potsdam 2021

- Innovative Teaching Project [3.527,22 €]
- Co applicant alongside Dr. Miriam Schwarzenthal & Sharleen Pevec
- Funded for Teaching (Case studies on diversity and social injustice - Summer Semester 2021)

Internal – University of Potsdam

- 'Innovative Teaching Project' [200 €] 2020
- Funded by University of Potsdam Humanities Faculty

Internal – Travel and Conference Funding

Travel funding from the Potsdam Graduate School for participation in the conference of the European Association for Developmental Psychology, Athens, Greece, 2019 (940€)

PUBLICATIONS

Aral, T., Schachner, M., Juang, L., & Schwarzenthal, M. (2021). Cultural diversity approaches in schools and adolescents' willingness to support refugee youth, *British Journal of Educational Psychology*.¹

Kunyu D., Schachner M.K., Juang L., Schwarzenthal M. J., & **Aral, T.** (2021). Acculturation Hassles and Adjustment of Adolescents of Immigrant Descent: Testing Mediation with a Self-Determination Theory Approach, *New Directions for Child and Adolescent Development*.

Sevi, B., **Aral, T.** & Eskenazi, T. (2017). Exploring the Hook-Up App: Low Sexual Disgust and High Sociosexuality Predict Motivation to Use Tinder for Casual Sex. *Journal of Personality and Individual Differences*, 133, 17-20.

¹ Registered Report

NON-REFEREED PUBLICATIONS

Keleş, S. Ç., **Aral, T.**, Yildirim, M., Kurtoglu, E., Sunata, U. (2016) Attitudes of Turkish youth toward Syrian refugees in respect to youths' gender, income, education, and city: A Scale Development Study. In Eroğlu, D. Cohen, J.H., Sirkeci, I. (Eds.), *Turkish Migration 2016 Selected Papers* (pp. 173-181). London: TPL.

MANUSCRIPTS UNDER REVIEW

Aral T., Juang, L., & Schwarzenhal, M., Rivas-Drake, D. (2021). The Role of the Family for Racism and Xenophobia in Childhood and Adolescence: Linking Family Ethnic-Racial Socialization and Intergroup Relations Perspectives.

Juang, L., & Schwarzenhal, M., **Aral, T.**, Pevec, S. (2021). Youth Experiences of Racism and Ethnic-Racial Socialization in Germany.

MANUSCRIPTS IN PREPARATION

Aral, T., Schachner, M., Juang, L., & Schwarzenhal, M. (2021) Understanding the relation between Family Cultural Socialization and Adolescents' Ethnic Identity Processes.

Ceccon, C., **Aral, T.**, de Moor E., Osinga, M., Tang, Y., & Fishere, M. (2021). Perceived Overt and Subtle Discrimination and Psychological Well-Being during Emerging Adulthood: The Role of Ethnic Racial Identity.²

Aral, T., & Baydar, N. Effectiveness of a Positive Youth Development Intervention for Early Adolescents in Private Schools.

PRESENTATIONS

Organized symposia

1. **Aral, T.** (2021, August). Family Ethnic-Racial and Religious Socialization in a Global Context. (Discussant: Laura Ferrer-Wreder). *Symposium organized at Cultural Diversity, Migration, and Education Conference 2021 (Online conference)*.

Peer-Reviewed Oral Presentations

3. **Aral, T.**, Schachner, M., Juang, L., & Schwarzenhal, M. (2021, September). Adolescents' Willingness to Support Refugee Youth: The Role of Cultural Diversity Approaches in Schools. *European Association for Developmental Psychology Summer Tour (Online conference)*.

2. **Aral, T.**, Schachner, M., Juang, L., & Schwarzenhal, M. (2021, July). What is the Role of Multicultural Schools in Adolescents' Prosocial Intentions and Behavior towards Refugee Youth? *36th Annual Psychology Postgraduate Affairs Group (PsyPAG) Conference. (Online conference)*

1. **Aral T.** & Baydar, N., (2020, September). Effectiveness of a Positive Youth Development Intervention for Early Adolescents in Private Schools. Paper presentation at *European Association for Research on Adolescence Conference, Porto, Portugal (Online conference)*.

²Pre-registered at the Open Science Framework

Other Talks & Presentations (First Author Only)

2. **Aral T.** (2021, September) The Role of Social Contexts in Adolescents' Intergroup Relations and Ethnic Identity Development. *PhD-Project presentation. SoDoc 2021, Workshop for PhD-Students in the field of Social Psychology, Leipzig, Germany.*
1. **Aral T.,** Schachner, M., Juang, L., Schwarzenhal, M. (2020, July). Adolescents' prosocial behavior towards refugee youth in school. *Paper presentation at ZEIF-Kolloqium Potsdam, Germany.*

Peer-Reviewed Poster Presentations

11. **Aral T.,** Schachner M., Juang L., (2019, October). Cultural diversity in schools and adolescents' willingness to support refugee youth – the mediating role of identity inclusiveness. A pre-registration paper. *Poster presented at Berlin workshop on Refugee youth, Berlin, Germany.*
10. **Aral T.,** Schachner M., Juang L., (2019, August). Adolescents' bystander intentions to intervene with ethnic-based discrimination in school: The role of perceived cultural pluralism and motivational cultural intelligence. *Poster presented at 19th European Conference on Developmental Psychology, Athens, Greece.*
9. **Aral T.,** Alabak, M., (2018, November). Emotion Regulation Mediates The Effects Of Parental Rejection On Relational Aggression In Turkish Early Adolescents. *Poster presented at the 23rd workshop on Aggression, Berlin, Germany.*
8. **Aral,T.,** Sevi, B., Aydınli-Karakulak, A. (2018, August). Attitudes towards immigrants and refugees in Turkey: The role of false beliefs and interpersonal contact quality. *Poster presented at Culture Diversity, Migration and Education conference, Potsdam, Germany.*
7. Sevi, B., **Aral, T.** & Korkmaz, A. (2018, July). Exploring the hook-up app according to genders: Sexual disgust and Sociosexuality as predictors of motivation to use Tinder for casual sex. *Poster presented at the 30th annual meeting of the Human Behavior and Evolution Society, Amsterdam, Netherlands.*
6. **Aral, T.** & Sevi, B. (2017, March). Ew Tinder: Disgust and Gender as an Individual Difference for Usage Differences of Tinder. *Poster presented at the 2nd Biennial International Convention of Psychological Science, Vienna, Austria.*
5. **Aral, T.,** Sevi, B., & Aydınli-Karakulak, A. (2017, January). Attitudes towards immigrants and refugee in Turkey: knowledge level and contact quality as two predictors. *Poster presented at the 18th annual meeting of the Society for Social and Personality Psychology, San Antonio, Texas.*
4. **Aral, T.,** Sevi, B., & Aydınli-Karakulak, A., (2016, November). Göçmen ve Mültecilere Karşı Tutumların Yordayıcıları: İğrenme ve Gruplar Arası Kaygı. (Predictors of Attitudes towards Refugees and Immigrants: Disgust Sensitivity and Intergroup Anxiety). *Poster presented at the 1st Social Psychology Congress, Ankara, Turkey.*
3. Sevi, B., **Aral, T.,** & Aydınli-Karakulak, A., (2016, November). Mültecilere Karşı Tutumları Açıklayan Etkenler: Algılanan Hastalıklara Açık Olma Değeri ve Bilgi Düzeyi. (Factors Explaining the Attitudes towards Refugees: Perceived Vulnerability to Disease and Knowledge Level). *Oral presentation given at the 1st Social Psychology Congress, Ankara, Turkey.*
2. Keles, C. S., **Aral, T.,** Yildirim, M., Kurtoglu, C., Sunata, U. (2016, July). Attitudes of Turkish youth toward Syrian refugees in respect to youths' gender, income, education, and city: A Scale Development Study. *Symposium paper presented at the 4th Turkish Migration Conference, Vienna, Austria.*

1. Mattis, J. S., Kurter, F., Eryurek, K., Koc, M. E., & Senturk, M. I., Koçer, D., Tosayeva, F., **Aral, T.** (2014, August). Conceptualizations of culture and cultural sensitivity among psychological counselors in Turkey: Findings from a national study. *Poster presented at The American Psychological Association 122nd Annual Convention.*

COLLABORATIONS, REVIEWER ACTIVITIES & AFFILIATIONS

Collaborator (Data collection Germany) in the study "A cross-cultural examination on how Covid-19 threat is linked with anti-refugee attitudes among emerging adults" (P.I.: Dr. Arzu Aydinli-Karakulak, Bahçeşehir University); 2021

Ad-hoc reviewer for

- Intercultural Education
- Journal of Child and Family Studies
- Potsdamer Zentrum für empirische Inklusionsforschung (ZEIF) (2018-2021): a member of organizational and editorial committee (<https://www.uni-potsdam.de/de/inklusion/zeif/fachportal>)

Affiliations

- Bahçeşehir University Center of Migration and Urban Studies (BAUMUS)
- Potsdam Graduate School (POGS)
- European Association of Developmental Psychology (EADP)
- Dutch Association for Migration Research (DAMR)

Board Memberships in Professional Organizations

- Communication Officer at the Early Researchers Union (ERU) from the European Association of Developmental Psychology (2021-present)

SCIENCE COMMUNICATION

(Re)searching Diversity Podcast 2020- present

- Co-host of an educational podcast aiming to increase visibility of inspiring social scientists and of excellent research on ethnic, cultural, and migration-related diversity: <https://www.researchingdiversity.com>
- Responsible for creating content and the social media accounts of the podcast

EVENT ORGANIZATIONS

Cultural diversity, migration and education conference (CDME 2021) 2021

- a member of organizing committee

Cultural diversity, migration and education conference (CDME 2018) 2018

- a member of organizing committee

RESEARCH TRAININGS & ENGAGEMENT WITH OPEN SCIENCE

Training for statistical skills

Curran & Bauer Analytics Longitudinal Structural Equation Modeling 12/2020

- 3-day virtual workshop on structural equation modeling with repeated measures data

GESIS Summer School 08/2018

- Introduction to Structural Equation Modeling: Confirmatory Factor Analysis with Mplus

Engagement with the Open Science Framework

ReproducibiliTEA Potsdam 2020-2021

- A member of a journal club that discusses issues around reproducibility and open science.

Early Researchers' Union (ERU) Open Science Writing Week 03/2021

- Participated to an open science writing week targeted at young scholars
- Attended to workshops on open science practices and worked together on a preregistered scientific paper in collaboration with 5 other Ph.D. students and Prof. Moin Syed

Doing Good- Scientific Practice Workshop (Leipzig, Germany) 11/2019

CONTRIBUTIONS TO DIVERSITY: MENTORING, OUTREACH, AND EVENTS ORGANIZED

Online event with a focus on LGBTQ+ Diversity in STEM fields 09/2021

- Invited speaker for an online event organized by LGBTQ+ STEM Berlin and CERFA (The Society of Spanish scientists in the Federal Republic of Germany) with focus on LGBTQ+ Diversity in STEM fields

Speed Mentoring & Empowerment Event (CDME Conference) 08/2021

- Initiated and co-organized an event aim to create an empowering space to support junior researchers (including those who identify as a member of underrepresented, traditionally excluded, marginalized populations)

Diversity Audit Working Group (University of Potsdam) 07/2021

- A member of the working group „Diversitätsgerechte Lehre/Diversity-conscious teaching “
- Focusing on the topics of Internationalization, Racial Attributions & Religion/Worldview

TEACHING & SUPERVISION

Classes Taught

Case studies on Diversity and Social Injustice (University of Potsdam) 2021

- Co-planned with Dr. Miriam Schwarzenthal (SS 2021)
- Master's level inclusive education students / Weekly seminar / in English & German / Online Format
- Examiner for oral exams at the end of a Module (exams were held in German and English)

Diversity and Social Inequalities (University of Potsdam) 2018-2020

- (WS 2018, SS 2019, WS 2019/20, SS 2020, WS 2020/21)
- Master's level inclusive education students / Weekly seminar / in English / Offline & Online Format
- Examiner for oral exams at the end of a Module (exams were held in German and English)

Teaching Assistantships (TA) at Koç University

- *PSYC204-Social Psychology (Spring 2017)*: Responsible from grading assignments and exam paper, Lecturing 'Methodology' class
- *PSYC 100-Introduction to Psychology (Fall 2016)*: Reader; responsible from grading exam papers
- *PSYC 100- Introduction to Psychology (Spring 2016)*: Head TA; Responsible from the organization of the lecture, grading exam papers, grading reflection papers and giving feedback to students; Lecturing 'My Relationship with My Virtual Self' class
- *PSYC 100-Introduction to Psychology (Fall 2015)*: TA; helped in preparation of course material, graded exams

Teaching Qualification

International Teaching Professionals Workshops for Ph.D. and postdoctoral candidates 2018-2019

- at University of Potsdam
- Awarded [€1000] funding for conference attendance
- Attended to 7 workshops (e.g., the Basics of Teaching and Learning in Higher Education, Competence-Oriented Examining and Advising Students)

Thesis Supervisions

Supervised students from Inclusive Education Department

10. L. Lucas. Master Thesis (primary supervisor), co-supervisor with 'David Kunyu' University of Potsdam, Germany. Tentative Title: Colorblindness, assimilation, and cultural intelligence [Winter 2021]
9. J. Edler. Bachelor Thesis (primary supervisor). co-supervisor with 'TBA' University of Potsdam, Germany. Title: TBA. [Winter 2021]
8. C. Zietlow. Master Thesis (primary supervisor). co-supervisor with Prof. Dr. Hanna Löhmannsröben. Schulischer Sachunterricht und Sexuelle Identitätbildung in der Grundschule. [Winter 2021]
7. L. Riesen. Master Thesis (primary supervisor). co-supervisor with 'TBA' University of Potsdam, Germany. Title: TBA. [Winter 2021]
6. C. Topçuoğlu. Master Thesis (primary supervisor), co-supervisor with Dr. Miriam Schwarzenthal. Title "Heritage and intercultural learning and adolescent's intentions to help refugee youth; identity exploration as mediator" [TBA]
5. L. Gebhardt. Master Thesis (primary supervisor), co-supervisor with 'Dr. Hanna Löhmannsröben. University of Potsdam, Germany. Title: 'Vorurteile gegenüber Eingewanderten unter Jugendlichen Einfluss schulspezifischer Faktoren am Beispiel von Kultureller Diversität in einer Schulklasse und Schulleistungen [Summer-2021]
4. N. Noltenius. Master Thesis (primary supervisor), co-supervisor with Dr. Miriam Schwarzenthal University of Potsdam, Germany. Title: "Die praktische Umsetzung der Lehren Maria Montessoris bezüglich der Wertschätzung kultureller Vielfalt" [Summer 2020]

3. U. Annowsky. Bachelor Thesis (primary supervisor), co-supervisor with Dr. Hanna Löhmannsröben. University of Potsdam, Germany. Title: "Eine Analyse von geschlechtlicher und sexueller Vielfalt in englischen Schulbüchern der Primarstufe" [Summer 2020]
2. Y. Jesse. Bachelor Thesis (primary supervisor), co-supervisor with Prof. Dr. Sebastian Kempert, University of Potsdam, Germany. Title: "Der Einfluss von Schulhunden auf Schulkinder im Primarstufenalter mit einer Kriegstraumatisierung" [Summer 2020]
1. C. Voss. Bachelor Thesis (primary supervisor), co-supervisor with Dr. Antje Skerra University of Potsdam, Germany. Title: "Bilingual education in German Sign Language and German Spoken Language A pedagogical concept for primary schools" [Summer 2019]

Supervised student from Psychology Department

2. B. Maiwald. Master Thesis (primary supervisor), co-supervisor 'Prof. Dr. Linda Juang & Prof. Dr. Michela Schröder Abé' with University of Potsdam, Germany. Title: "Towards more Critical Consciousness among ethnic minority adolescents in Germany. [Winter 2020-2021]
1. F. Hoefert. Bachelor Thesis (primary supervisor), co-supervisor with Dr. Paulina Tomaszewska University of Potsdam, Germany. Title: „Die Bereitschaft von Schüler*innen, Geflüchtete in der Schule zu unterstützen: Die Rolle von Nationaler und Ethnischer Identität“ [Summer 2020]

SKILLS

Languages: Turkish (native), English (fluent), German (upper intermediate)

Computer / Software: Microsoft Office (PowerPoint, Excel, Word) (good knowledge), SPSS (good knowledge), MPlus (good knowledge), R Studio (basic knowledge), MAXQDA (basic knowledge)