### Tuğçe Aral

Ph.D. Student, Department of Inclusive Education, University of Potsdam

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### **RESEARCH INTERESTS**

- Outgroup prosocial behavior during adolescence
- Cultural diversity socialization: Classroom cultural diversity climate, family ethnic-racial socialization
- Ethnic identity development (exploration, commitment, inclusiveness)
- Open Science Framework

### **SCIENTIFIC DEGREES**

M.A. in Psychology

B. Sc. in Psychology

### **EDUCATION**

Potsdam University, Potsdam, Germany

Expected 2022

Ph.D., in Diversity on Education and Development, Inclusive Education Supervisors: Prof. Dr. Linda Juang, Prof. Dr. Maja Schachner

Koç University, Istanbul, Turkey

2019

Social & Organizational Psychology M.A.

Tuition Waiver; GPA 3.82/4.00

M.A Thesis: Effectiveness of a Positive Youth Development Intervention for Early Adolescents with High Socioeconomic Status in Private Schools

Bahçeşehir University, Istanbul, Turkey

2015

Faculty of Arts & Sciences, Department of Psychology (Major)

Full OSYM Tuition Scholarship; GPA 3.64/4.00

University of Pecs, Hungary (Erasmus)

2014

Summer semester / Faculty of Arts & Sciences, Department of Psychology 4.00/4.00

Syracuse University, USA (Exchange)

2013

Fall semester / Faculty of Arts & Sciences, Department of Psychology 3.00/4.00

# **PUBLICATIONS**

Sevi, B., **Aral**, **T**. & Eskenazi, T. (2017). Exploring the Hook-Up App: Low Sexual Disgust and High Sociosexuality Predict Motivation to Use Tinder for Casual Sex. *Journal of Personality and Individual Differences*, 133, 17-20.

### **NON-REFEREED PUBLICATIONS**

Keleş, S. Ç., **Aral, T.,** Yildirim, M., Kurtoglu, E., Sunata, U. (2016) Attitudes of Turkish youth toward Syrian refugees in respect to youths' gender, income, education, and city: A Scale Development Study. In Eroğlu, D. Cohen, J.H., Sirkeci, I. (Eds.), Turkish Migration 2016 Selected Papers (pp. 173-181). London: TPL.

### **MANUSCRIPTS UNDER REVIEW**

**Aral, T.,** Schachner, M., Juang, L., & Schwarzenthal, M. (2020). Cultural diversity approaches in schools and adolescents' willingness to support refugee youth, Manuscript under review. <sup>1</sup>

### **MANUSCRIPTS IN PREPARATION**

**Aral, T.,** Schachner, M., Juang, L., & Schwarzenthal, M. (2020). Understanding the relation between Family Ethnic Socialization and Adolescents' Ethnic Identity Processes: Difference based on Age and Family Heritage Background, Manuscript in preparation. <sup>2</sup>

#### **PRESENTATIONS**

### **Peer-Reviewed Oral Presentations**

**Aral T.** & Baydar, N., (2020, September). Effectiveness of a Positive Youth Development Intervention for Early Adolescents in Private Schools. Paper presentation at *European Association for Research on Adolescence Conference, Porto, Portugal (online conference).* 

# Other Talks & Presentations (First Author Only)

**Aral T.,** Schachner, M., Juang, L., Schwarzenthal, M. (2020, July). Adolescents' prosocial behavior towards refugee youth in school. *Paper presentation at ZEIF-Kollogium Potsdam, Germany.* 

# **Peer-Reviewed Poster Presentations**

- **Aral T.,** Schachner M., Juang L., (2019, October). Cultural diversity in schools and adolescents' willingness to support refugee youth the mediating role of identity inclusiveness. A preregistration paper. *Poster presented at Berlin workshop on Refugee youth, Berlin, Germany.*
- **Aral T.,** Schachner M., Juang L., (2019, August). Adolescents' bystander intentions to intervene with ethnic-based discrimination in school: The role of perceived cultural pluralism and motivational cultural intelligence. *Poster presented at 19<sup>th</sup> European Conference on Developmental Psychology, Athens, Greece.*
- **Aral T.,** Alabak, M., (2018, November). Emotion Regulation Mediates The Effects Of Parental Rejection On Relational Aggression In Turkish Early Adolescents. *Poster presented at the 23<sup>rd</sup> workshop on Aggression, Berlin, Germany.*

<sup>&</sup>lt;sup>1</sup> Registered Report

<sup>&</sup>lt;sup>2</sup> Preregistration of hypotheses and analysis plan

**Aral,T.,** Sevi, B., Aydınlı-Karakulak, A. (2018, August). Attitudes towards immigrants and refugees in Turkey: The role of false beliefs and interpersonal contact quality. *Poster presented at Culture Diversity, Migration and Education conference, Potsdam, Germany.* 

- Sevi, B., **Aral, T.** & Korkmaz, A. (2018, July). Exploring the hook-up app according to genders: Sexual disgust and Sociosexuality as predictors of motivation to use Tinder for casual sex. *Poster presented at the 30th annual meeting of the Human Behavior and Evolution Society, Amsterdam, Netherlands.*
- **Aral, T.** & Sevi, B. (2017, March). Ew Tinder: Disgust and Gender as an Individual Difference for Usage Differences of Tinder. *Poster presented at the 2nd Biennial International Convention of Psychological Science, Vienna, Austria.*
- **Aral, T.,** Sevi, B., & Aydinli-Karakulak, A. (2017, January). Attitudes towards immigrants and refugee in Turkey: knowledge level and contact quality as two predictors. *Poster presented at the 18<sup>th</sup> annual meeting of the Society for Social and Personality Psychology, San Antonio, Texas.*
- **Aral, T.**, Sevi, B., & Aydinli-Karakulak, A., (2016, November). Göçmen ve Mültecilere Karşı Tutumların Yordayıcıları: İğrenme ve Gruplar Arası Kaygı. (Predictors of Attitudes towards Refugees and Immigrants: Disgust Sensitivity and Intergroup Anxiety). *Poster presented at the 1<sup>st</sup> Social Psychology Congress, Ankara, Turkey*.
- Sevi, B., **Aral, T.**, & Aydinli-Karakulak, A., (2016, November). Mültecilere Karşı Tutumları Açıklayan Etkenler: Algılanan Hastalıklara Açık Olma Değeri ve Bilgi Düzeyi. (Factors Explaining the Attitudes towards Refugees: Perceived Vulnerability to Disease and Knowledge Level). *Oral presentation given at the 1st Social Psychology Congress, Ankara, Turkey*.
- Keles, C. S., **Aral, T.**, Yildirim, M., Kurtoglu, C., Sunata, U. (2016, July). Attitudes of Turkish youth toward Syrian refugees in respect to youths' gender, income, education, and city: A Scale Development Study. *Symposium paper presented at the 4<sup>th</sup> Turkish Migration Conference, Vienna, Austria.*
- Mattis, J. S., Kurter, F., Eryurek, K., Koc, M. E., & Senturk, M. I., Koçer, D., Tosayeva, F., **Aral, T.** (2014, August). Conceptualizations of culture and cultural sensitivity among psychological counselors in Turkey: Findings from a national study. *Poster presented at The American Psychological Association 122<sup>nd</sup> Annual Convention*.

### **RESEARCH EXPERIENCE**

Research associate, research group 'Diversity in Education and Development', Prof. Linda Juang,
Inclusive Education, University of Potsdam

Current

 DFG (Deutsche Forschungsgemeinschaft) Funded Project titled as "Short-term and long-term effects of a culture-specific self-affirmation intervention to promote school adjustment of adolescents of migrant backgrounds". Shared responsibility of data collection, material preparation, data entry and preparation.

Koç University, Project Assistant

03-05/2017

- The New Politics of Welfare: Towards an "Emerging Markets" Welfare State Regime
- ERC-Funded; led by Assistant Prof. Dr. Erdem Yörük
- Responsible to collect data from four welfare states (Turkey, Egypt, Qatar, Viet Nam) to build up welfare database

### Koç University, PERGEL Intervention Program Assistant

2016

 'Positive Youth Development In Early Adolescence, Understanding and Enhancing Early Adolescence' developed by Prof. Çiğdem Kağıtçıbaşı, Asst. Prof. Nazlı Baydar, , Asst. Prof. Zeynep Cemalcılar

- Conducted translation of the intervention booklets from Turkish to English.
- Reviewed and provided critiques of chapters to become more applicable internationally.
- Prepared pre-test and post-test to conduct study in a private and a public primary school to validate the intervention effect
- Data collection process

# Koç University, Social Mind Lab

09/2016

- Research Assistant
- Contributes in the literature reviews and research question generation phases for the projects going on in the lab.

# Koç University, Leadership Lab

11/2015-06/2016

- Research Assistant
- Worked in the literature review and data collection phases of the project "The Effects of Fear of Leadership on Resources in Leadership Tasks"

# Koç University Summer Research Program

06/2014-07/2014

- Summer Research Assistant
- Worked on the literature review phase of Prof. Dr. Çiğdem Kağıtçıbaşı's project 'Positive Youth Development in Early Adolescence, Understanding and Enhancing Early Adolescence'.

# Bahçeşehir University / NYU

11/2013-06/2014

- "Uygulamacıların Gözüyle, Türkiye'de Psikolojik Danışmanlıkta Kültüre Duyarlılık Projesi (National study of culture and psychological counselling project (J. Mattis, Ph.D., New York University & F. Kurter, MA, Principal Investigators).
- Provided verbatim transcriptions and translations of semi structured interviews with practitioners;
- Conducted translations from Turkish to English of written responses to open-ended questions from the national survey
- Reviewed and provided critiques of drafts of chapters for manuscripts to be included in book.

# **AWARDS**

# Internal - University of Potsdam

LEITBILD LEHRE 'Innovative Teaching Project' [€200]

2020

# Internal – Koç University

Outstanding Academic Achievement Scholarship [100%]

2015

 Full academic scholarship in addition housing and travel scholarships for scientific meetings, conferences and trainings

# Internal - Bahçeşehir University

Undergraduate Placement Exam Entrance Scholarship [100%]

2010-2015

- Given to students ranked in the 3000 among 1.5 million in the university entrance exam
- Monthly stipend given to students on the high honour roll with GPA of above 3.5 at Bahçeşehir University from 2012 to 2015

# **AD-HOC REVIEWER FOR**

Intercultural Education

### **TEACHING & MENTORSHIP**

# **Classes Taught**

Diversity and Social Inequalities (University of Potsdam)

2018/2020

- (WS 2018, SS 2019, WS 2019/20, SS 2020)
- Master's level education students / Weekly seminar / in English / Offline & Online Format
- Examiner for oral exams at the end of a Module

# Teaching Assistantships (TA) at Koç University

*PSYC204-Social Psychology (Spring 2017):* Responsible from grading assignments and exam paper, Lecturing 'Methodology' class

PSYC 100-Introduction to Psychology (Fall 2016): Reader; responsible from grading exam papers

*PSYC 100-* Introduction to Psychology (Spring 2016): Head TA; Responsible from the organization of the lecture, grading exam papers, grading reflection papers and giving feedback to students; Lecturing 'My Relationship with My Virtual Self' class

*PSYC 100*-Introduction to Psychology (Fall 2015): TA; helped in preparation of course material, graded exams

### **Teacher Training**

International Teaching Professionals Workshops for Ph.D. and postdoctoral candidates 2018-2019

- at University of Potsdam
- Received €1000 funding for conference attendance
- Attended to 7 workshops (e.g., the Basics of Teaching and Learning in Higher Education, Competence-Oriented Examining and Advising Students)

# **Thesis Supervisions**

- C. Voss. Bachelor Thesis (primary supervisor), co-supervisor with Dr. Antje Skerra, University of Potsdam, Germany. Title: "Bilingual education with German Sign Language and German Spoken Language in primary school" [Summer 2019]
- F.Hoefert. Bachelor Thesis (primary supervisor), co-supervisor with Dr. Paulina Tomaszewska University of Potsdam, Germany. Title: "Die Bereitschaft von Schüler\*innen, Geflüchtete in der Schule zu unterstützen: Die Rolle von Nationaler und Ethnischer Identität" [Summer 2020]

C. Topçuoğlu. Master Thesis (primary supervisor), co-supervisor with Dr. Miriam Schwarzenthal.

Title "Heritage and intercultural learning and adolescent's intentions to help refugee youth; identity exploration as mediator" [Summer 2020]

- U. Annowsky. Bachelor Thesis (primary supervisor), co-supervisor with Dr. Hanna Löhmannsröben. University of Potsdam, Germany. Title: "Eine Analyse von geschlechtlicher und sexueller Vielfalt in englischen Schulbüchern der Primarstufe" [Summer 2020]
- Y. Jesse. Bachelor Thesis (primary supervisor), co-supervisor with Prof. Dr. Sebastian Kempert, University of Potsdam, Germany. Title: "Der Einfluss von Schulhunden auf Schulkinder im Primarstufenalter mit einer Kriegstraumatisierung" [Summer 2020]
- N. Noltenius. Master Thesis (primary supervisor), co-supervisor Dr. Miriam Schwarzenthal with University of Potsdam, Germany. Title: "Die praktische Umsetzung der Lehren MariaMontessoris bezüglich der Wertschätzung kultureller Vielfalt" [Summer 2020]
- B. Maiwald. Master Thesis (primary supervisor), co-supervisor 'Prof. Dr. Michela Schröder Abé' with University of Potsdam, Germany. Title: "Towards more Critical Consciousness among ethnic minority adolescents in Germany. [Summer 2020]

### **ACADEMIC ACTIVITIES & WORKSHOPS ATTENDED**

Lehrkräfte mit ausländischer Qualifikation ins Lehrer\*innenzimmer, at UP

2020

Potsdamer Zentrum für empirische Inklusionsforschung (ZEIF), a member of organizational and editorial committee (https://www.uni-potsdam.de/de/inklusion/zeif/fachportal) 2018-2020

Doing Good- Scientific Practice under Review

11/2019

**GESIS Summer School** 

08/2018

Introduction to Structural Equation Modeling: Confirmatory Factor Analysis with Mplus

Cultural diversity, migration and education conference (CDME 2018)

2018

a member of organizing committee

'11th Global and Cross-Cultural Organizational Research Ph.D. and Post-Doc Seminar

05/2016

organized by Mark Peterson and Mikael Søndergaard in Maastricht

Positive Youth Development (PERGEL) Intervention training

10/2016

 Trained to conduct intervention program to children who will be attending to the program

# **VOLUNTEER WORK**

**Koc University** 

01/2017-02/2017

Mentor; 10-11 years old children in ELC For Kids Winter Programme.

**Koc University** 

01/2015-02/2015

Mentor; 6-7years old children in ELC For Kids Winter Programme.

Koç University / English Learning Center, Istanbul (Turkey)

06/2014-08/2014

 Supervisor of mentors for ELC For Kids Intensive-Boarding Program (10-15 years old) for 2 terms and Organizing the 'Camp Nights' and 'Night of Chaos' events.

**TEGV** (Education Volunteers Foundation of Turkey

2011

Mentoring middle school children to improve their understanding of self through
 'Journey to Myself' workshop

# **PROFESSIONAL EXPERIENCE**

YapıKredi Bank, Istanbul (Turkey)

09/2014-02/2015

■ HR Intern-Leadership and Talent Management Department.

TERAKKİ Foundation and Schools, Istanbul (Turkey)

01/2013-05/2013

- School counselor internship
- Observation in classes, parent-counselor meetings and children's tests next to school counselor

### **PROFESSIONAL MEMBERSHIPS**

Student member, Bahçeşehir University Center of Migration and Urban Studies (BAUMUS)

**Student member,** Potsdam Graduate School (POGS)

**Student member,** European Association of Developmental Psychology (EADP)

# **SKILLS**

**Languages:** Turkish (native), English (fluent), German (upper intermediate)

**Computer / Software:** Microsoft Office (PowerPoint, Excel, Word) (good knowledge), SPSS (good knowledge), MPlus (good knowledge), MAXQDA (basic knowledge)